**“Making Active Ageing a Reality”**

Further information - see [www.nzag2016.co.nz](http://www.nzag2016.co.nz)

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<th>Thursday 15th September</th>
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| **08.00am – 11.00am** | **Pre Conference Workshop**  
Writing for scholarly journals: Getting published in a regional ageing journal.  
Professor Lynne Parkinson, Central Queensland University, Australia  
Associate Professor Stephen Neville, AUT, Auckland New Zealand  
Associate Professor Debra Waters, University of Otago, New Zealand |
| **11.00am – 11.55am** | **Conference Opening**  
TBC, Minister for Seniors  
**Director, Office for Seniors**  
The Policy Context of Active Ageing, Current New Zealand & International Strategies |
| **11.55am – 12.15pm** | **Rangimahora Reddy**  
Active Ageing in Aotearoa – A Maori View |
| **12.15pm – 1.00pm** | **Lunch & Poster Session** |
| **1.00pm – 2.00pm** | **Keynote Speaker – Dr Kathleen Brasher**  
Active Ageing: A Practical Guide to Creating Age-Friendly Communities |
| **2.00pm – 2.45pm** | **Panel Session – Nora Barlow, National Science Challenge – Ageing Well**  
Overview and presentations showcasing projects underway |
| **2.45pm – 3.15pm** | **Afternoon Tea** |
| **3.15pm – 4.30pm** | **Stream 1**  
Working for Wellbeing  
Wellbeing/loneliness  
**Stream 2**  
Seminar Ageing in Place  
“We don’t have to take the rubbish out.” Factors influencing the decision to relocate to a Retirement Village.  
Fiona Alpass  
**Stream 3**  
Caring and Coping  
Residential Care  
Flying below the radar – addressing the oral health needs of vulnerable older New Zealanders  
Moira Smith  
**Stream 4**  
Preventing and Restoring Activity |
| **3.15pm – 3.30pm** | **Loneliness and older New Zealanders: An integrative review**  
Valerie Wright-St Clair  
**Identify and housing choices among older people in New Zealand.**  
Christine Stephens  
**What matters for satisfaction with active ageing in residential care?**  
Resident, family and staff perceptions.  
Viven Rodgers |
| **3.30pm – 4.00pm** | **Establishing routines to cope with the loneliness associated with widowhood: a narrative analysis**  
Nicola Davies-Kelly  
**Social connectedness amongst older people in New Zealand: Implications for ageing in place and service delivery**  
Tessa Morgan  
**Does residential location influence the association of social connections with health for older New Zealanders?**  
Joanne Allen  
**Narrating stories of residents receiving care from migrants in the New Zealand Aged Residential Care**  
Nyemudzai Esther Ngocha-chaderopa  
**The Effects of International Pol on Physical and Cognitive Function in Healthy Older Adults**  
Kate Riegle Van West |
| **4.00pm – 4.15pm** | **Saying YES: promoting wellbeing through groupwork**  
Rosemary Nourse  
**Longitudinal Effects of Home Ownership on Wellbeing among Older New Zealanders**  
Agnes Szabo  
**Family, medicine and media advertising: A critical discourse analysis of influences on older adults’ decision to enter residential aged care**  
Robyn Henderson |
| **4.15pm – 4.30pm** | **Peer Support in a Retirement Village setting**  
Robyn Johnston  
**Ageing in Place: The Home Environment and Wellbeing of Older People in Aotearoa**  
Christine Stephens  
**The Selwyn Way inspires innovative residential care new builds**  
Hilda Johnson-Bogaerts  
**Making active ageing a reality through participatory art. The ‘Arts on Prescription’ model**  
Roslyn Poulos |
| **4.30pm** | **Conference Close** |
| **6.00pm – 7.00pm** | **Parliamentary Welcome Reception, The Grand Hall** |
### Friday 16th September

#### 9.00am – 10.00am
**Keynote Speaker – John Raeburn, Adjunct Professor at AUT, Author, Consultant**

**Super-Ageing – a whole new way of looking at older people**

#### 10.00am – 10.30am
Long Tea

#### 10.30am – 11.30am
**Panel Session - “It Makes Sense”**

**Keeping capacities and senses to contribute to Making Active Ageing a Reality**

*(See ‘Speakers’ page for a list of Panel Participants)*

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<tr>
<td>11.30am – 12.45pm</td>
<td>Working for Wellbeing Individual Wellbeing</td>
<td>Community living Housing</td>
<td>Caring and Coping Therapy in Residential Care</td>
<td>Preventing and Restoring Activity/Falls prevention</td>
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<tr>
<td>11.30am – 11.45am</td>
<td>Nutrition risk in relation to hospital admission and mortality: LiLACS NZ</td>
<td>Sylvia North</td>
<td>The disconnect between housing options for older people and their expectations in New Zealand</td>
<td>Yukiko Kuboshima</td>
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<td>11.45am – 12.00pm</td>
<td>Let food be your medicine: Collaborating with carers and consumers in product development to prevent malnutrition.</td>
<td>Maia Royal &amp; Tina Chivers</td>
<td>Musical Communities: Implementing a Therapeutic Music Programme Within an Aged-Care Facility</td>
<td>Jamie Macdonald</td>
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<tr>
<td>12.00pm – 12.15pm</td>
<td>Elder Abuse: It’s prevalence and impacts in New Zealand</td>
<td>Charles Waldegrave</td>
<td>New Zealand’s Tenure Revolution and its Impacts on Ageing in Place and Being Connected</td>
<td>Kay Saville-smith</td>
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<td>12.15pm – 12.30pm</td>
<td>Gender and the experience of advanced ageing in Māori and non-Māori: recent findings from LiLACS NZ</td>
<td>Hilary Lapsley</td>
<td>Making good housing choices that maintain older people’s connections and wellbeing: Information needs and access</td>
<td>Bev James</td>
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<td>12.30pm – 12.45pm</td>
<td>Old Bodies require higher maintenance: a feminist perspective</td>
<td>Jenny Onyx &amp; Trees McCormack</td>
<td>Elderhood in Community: Insights from living together independently - a social housing initiative.</td>
<td>Robyn Barry</td>
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<td>12.45pm – 1.45pm</td>
<td>Lunch &amp; Poster Session</td>
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<td>1.45pm – 2.45pm</td>
<td><strong>Keynote Speaker – Martijn Huisman</strong></td>
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#### 2.45pm – 3.30pm
Afternoon Tea

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<td>3.30pm – 3.45pm</td>
<td>Developing research capabilities - workshop for new graduate researchers</td>
<td>Sally Keeling</td>
<td>Restorative Respite - An innovative plan to help community dwellers stay independent.</td>
<td>Hassan Qureshi</td>
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<td>3.45pm – 4.00pm</td>
<td>Engaging in a rural community: Perceptions of the oldest old.</td>
<td>Sara Napier</td>
<td>Unrelied pain as a red flag.</td>
<td>Sonia Hawke</td>
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<td>4.00pm – 4.15pm</td>
<td>What do we know about the needs of community-dwelling frail older people that will help us keep them at home?</td>
<td>Gill Coe</td>
<td>Medication Management Guidelines for the Home and Community Support Sector</td>
<td>Sharon Mildon</td>
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<td>4.15pm – 4.30pm</td>
<td>Geriatric respite care foundation extends community services to the ageing population of uaganda.</td>
<td>Richard Semanda</td>
<td>Falls and depression in octogenarians: LiLACS NZ</td>
<td>Ashtir Ajas</td>
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#### 4.30pm – 5.00pm
**Case study – Proof of concept pilot: House visits completed by Acute Demand Community Nurses (ADCN)**

*Christine Howard-Brown*
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| 4.30pm – 4.45pm | Good environment, housing and urban design promotes longevity and active ageing  
Agatha Naamala |
| 4.45pm        | Fragility Fracture Prevention in Primary Care  
Eileen Richardson & Stacey Porter |
| 6.30pm – late! | Participants’ Perspectives of an Ongoing Diabetes Exercise Programme - A Qualitative Study  
Deborah Lim |

**Saturday 17th September**

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<tr>
<th>Time</th>
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| 9.00am – 10.00am | Panel Session - Making Active Ageing a Reality  
What does it mean for different cultural groups?  
(See ‘Speakers’ page for a list of Panel Participants) |
| 10.00am – 10.30am | Morning Tea |
| 10.30am – 11.45am | Stream 1 Working for Wellbeing Policy and Planning  
Stream 1 Making It Local: The Role of Councils in Active Ageing  
Nicky McDonald  
Stream 2 Community Living Mobility and social context  
Stream 2 You can’t walk far if it’s not safe to cross the road  
Lynley Hood  
Stream 3 Caring and Coping Dementia/Mental health  
Stream 3 A review of the dementia-friendly concept including New Zealand evidence  
Kay Shannon  
Stream 4 Preventing and Restoring Data and research  
Stream 4 Developing the Health, Work and Retirement Study As a Lifetime Longitudinal Study – The Life History Interview  
Megan Hempel |
| 10.45am – 11.00am | Community Connects – age-friendly the New Zealand context  
Phillipa Townsend  
Community Connects – age-friendly the New Zealand context  
Phillipa Townsend  
Meeting the Demand for a Skilled Aged Care Support Workforce  
Bruce Johnson  
Stream 3 Towards active ageing: collaboration between older and disabled persons and the transport industry  
Bridget Burdett  
Stream 3 A review of the dementia-friendly concept including New Zealand evidence  
Kay Shannon  
Stream 4 Developing a Research Agenda for Positive Ageing in South Auckland  
Wendy Brenmer & Andrew Thompson |
| 11.00am – 11.15am | The future of ageing  
Audrey Guy  
The complexity of caring and implications for active aging.  
Sonia Hawke  
The THInKdellirium project: Raising awareness of how we can prevent delirium among older people in our care  
Susan Gee & Tracey Hawkes  
Developing a Research Agenda for Positive Ageing in South Auckland  
Wendy Brenmer & Andrew Thompson |
| 11.15am – 11.30am | The future of ageing  
Audrey Guy  
Exploring Commitment in Grandfather-Grandchild Relationships  
James Bates  
Dementia: “one of the greatest challenges of our lifetime.”  
Catherine Hall  
Exploring the contribution of social factors to aged residential care admission through the national assessment database: A progress report.  
Sally Keeling |
| 11.30am – 11.45am | The future of ageing  
Audrey Guy  
Exploring Commitment in Grandfather-Grandchild Relationships  
James Bates  
Dementia: “one of the greatest challenges of our lifetime.”  
Catherine Hall  
Exploring the contribution of social factors to aged residential care admission through the national assessment database: A progress report.  
Sally Keeling |
| 11.45am – 12.45pm | Lunch |
| 12.45pm – 2.15pm | Participatory Session  
• What are the facilitators of Making Active Ageing a Reality?  
• What is the role of policy? Of research?  
• What can each conference participant do to Making Active Ageing a Reality? |
| 2.30pm         | Conference Close |